

The Newport *Navalog*

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SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.



Rear Adm. Jacob L. Shuford, left, President of the Naval War College, welcomes delegates to the 20th Conference of the Naval War Colleges of the Americas (CNWCA) last Monday at the Officers' Club. To Shuford's left is Capt. Jose Maria Martin, dean of studies, Argentina Naval War College. Story, Page 2.

PHC Bob Inverso/U.S. Navy photo



Assistance for disabled

Naval Station Newport's annual Disability Awareness Fair showcases aids for disabled Americans.

— Page 3



Students see N.Y. highlights

49 international students at the Naval Command College explore cultural activities in the Big Apple.

— Pages 8-9



Racing series wraps up sails

The Wednesday night Rhodes Sailing Series winds up its season with final races on Narragansett Bay.

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Western nation navies united in terrorism war

By **LT. DAVID AUSIELLO**

NWC Public Affairs Staff

Terrorism was the main topic as representatives from 14 naval war colleges in the western hemisphere converged in Newport this week for the 20th Conference of the Naval War Colleges of the Americas.

The theme of this year's conference was, "Innovative Use of Naval War Gaming, Research and Teaching Techniques to Counter the New Terrorist Threats" — a theme reinforced by the conference's keynote speaker, Vice Adm. John G. Morgan, Deputy Chief of Naval Operations for Plans, Policy and Operations.

Morgan said the most serious threat facing the United States is the proliferation of weapons of mass destruction in the hands of rogue nations or criminals.

"This threat is real, it is grave, and it is elusive," he said. "None of our nations, not even the United States, has the unlimited capabilities or resources to be right 100 percent of the time. Our enemies know this challenge and they exploit the seams and gaps in our security."

"War gaming is an effective tool to help spot these gaps, seams and vulnerabilities that future enemies seek to exploit in the new battle space," Morgan said. "No one nation can (stop terrorism) alone."

Morgan went on to say one of the biggest gaps is what he referred to as a "hemispheric gap" across the Americas.

At a recent Proliferation Security Initiative (PSI) war game held at the U.S. Naval War College, Morgan said that Europe, Asia and North America were well represented, but that "at war



PHC Bob Inverso/U.S. Navy photo
Vice Adm. John G. Morgan, Deputy Chief of Naval Operations, for Plans, Policy and Operations, addresses the Conference of the Naval War Colleges of Americas.

games like these, sometimes it is what you do not see that counts the most."

Morgan asked the conference delegates to consider the possibility of a vessel loaded with weapons of mass destruction passing through their territorial waters.

"Do you realize that your government may only have two hours to make a decision? And sometimes the situation sets a deadline for us.

"In a small way we can help each other. There are some dangers that are common to us all that we must not tolerate," Morgan said.

War college leaders have been meeting biennially since the inaugural conference in 1962 and according to U.S. Naval War College president, Rear Adm. Jacob L. Shuford, the tradition is a "great opportunity to exchange ideas and new concepts" and "build trust and confidence among allies."

"It is my firm belief that we who wear this same blue uniform and share responsibility for our nation's safety and security on and from the sea can talk and develop new ideas and new understandings about our

important duties," he said.

One of the most significant achievements of the CNWCA has been the creation of a series of inter-American war games, which, over the years, have explored a number of wartime scenarios. The officials meeting this year will explore ways to make this annual war game more responsive to the new threats posed by terrorism, in its many forms.

Naval war colleges from the following nations were represented this week: Argentina, Bolivia, Brazil, Canada, Chile, Colombia, the Dominican Republic, Ecuador, El Salvador, Mexico, Peru, Uruguay, the United States and Venezuela.

Nominees sought for top servicemember

Nominations are being accepted for the annual Naval Station Newport Servicemember of the Year program. All area commands are eligible and encouraged to participate.

Co-sponsored by the Newport County Navy League, the program honors the outstanding achievements and contributions of individuals from various sectors of Naval Sta-

tion Newport.

The winners will be honored at individual award ceremonies by the Newport County Navy League and various Newport area service clubs.

In accordance with *NAVSTAINST 6610.2D*, commands should submit nominations through their chain of command to the Commanding

Officer, Naval Station Newport, via code N01P, according to the following schedule:

Junior Officer of the Year, no later than Nov. 8;

Senior Enlisted Service Member of the Year, no later than Dec. 8;

Junior Enlisted Service Member of the Year, no later than Jan. 8, 2005.

NAVSTA scares up Halloween fun

A variety of Halloween events will keep children and adults busy — with an eye on safety— today through Sunday at Naval Station (NAVSTA) Newport.

The weekend for ghouls and goblins begins today at 10 a.m. when the **Armed Services YMCA sponsors a Little Kids Halloween Party**. Tots are invited to come in costume, for fun and games and trick or treating around the building on Bushnell Street. The fee is \$10.

The Morale, Welfare and Recreation Department's **Halloween Fun Run and Walk** steps off today at 11:45 a.m. The 3-mile run or 1.5 mile walk will begin and end at Fitness Plus, Building 355, and is open to all active duty, retirees, reserve personnel, Department of Defense civilians and family members.

Costumes are strongly encouraged, and the command with the most participation and costume creativity will receive a treasure chest of treats.

The Military Youth Activities (MYA) will hold a **Halloween Sleepover** from tonight at 7 through Saturday at 8 a.m. at Gym 109. The sleepover, for

children ages 8 to 14, will treat 60 children to swimming at Pool 307, plus games, pickup basketball, movies and treats. The event is sold out.

The **Firefighting School Halloween Party** on Burma Road will include a haunted house with guided tours on Saturday from 3 to 7 p.m., according to organizer, Interior Communications Electrician Second Class Tom Petro.

The school, under Officer Training Command-Newport, is open to all NAVSTA Newport employees and is recommended that children age 15 and under come in costume. There will be games, treats and other refreshments.

The Navy Exchange is also ready with a **Treat and Treating Party** on Saturday, Oct. 30, from 2 to 4 p.m., said General Manager Robin Joseph.

"Our sales representatives will be in costume and any counter marked with a balloon will have free candy," he said. "It's our way of getting the kids off the streets and into a safe activity."

House-to-house trick or treating is permitted in Navy

HALLOWEEN, Page 11



Navalog
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 Commanding Officer, Naval Station Newport

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Military job-hunters seen facing tough challenges

By **RICHARD ALEXANDER**
Navalog editor

About 20 naval officers and senior enlisted, either separating from the Navy or retiring after full careers, got the "straight skinny" last week on how to market themselves in the civilian working world.

H.L. "Buzz" Buse III, a retired Marine Corps colonel and director of Officer Placement

Service for the Military Officers Association of America (MOAA), led a seminar last Friday in Perry Hall Auditorium on "Marketing Yourself for a Second Career" at Perry Hall, NAVSTA.

For the past 10 years he has been the expert on transitioning from military to civilian employment. This was his final presentation.

"You must package yourself

and prove to a prospective employer that you add value to that company," he said. "This is your greatest challenge."

Buse told the audience that as servicemembers they are part of the number one fighting force in the world, and second place is not an option.

"Bring that asset with you." He said. "You have learned to be reliable, accountable and consistent. You can work with

the most senior officer to the most junior enlisted, and have taken care of your people.

Buse said employers have many misconceptions and perceptions of the military members, stereotyping them as "too rigid" or "lack innovation."

Employers value strong ethics and morality. Other desirable qualities include being results-oriented, having

good communicating skills, being accountable, being willing to delegate, fearlessness (courage of convictions) and having business acumen.

He said today's civilian workplace is radically different from the military world.

"There is no more job security when you walk out that gate and hang up that uniform for the last time," he said. "You can **JOBS, Page 13**

BACK IN THE SWING — Mike Nunnery of Nunnery Orthotic and Prosthetic Technologies in North Kingstown demonstrates the adaptive golf cart that allows the disabled to get on the golf course. Looking on is his assistant, Becky Blaine. They were among agencies and vendors at the fourth annual Disability Awareness Fair at the Officers' Club last week.

Ron Fontaine/U.S. Navy photos



Technology bridging barriers to disabled

By **JOY CHRISTMAS**
NAVSTA Public Affairs Staff

More than 200 people visited the Officers' Club at Naval Station (NAVSTA) Newport last week for the fourth annual Disability Awareness Fair. October is National Disability Employment Awareness Month. This year's theme is "You're Hired! Success knows No Limitations."

Sponsored by the NAVSTA Newport Equal Employment Opportunity Committee (EEOC) the fair's emphasis was on how to maximize abilities, access and improved quality of life in the workplace and at home.

More than 40 agencies staffed tables as clearing house for a wealth of infor-

mation, resources and services for various forms of disabilities. Some of the exhibitors included Special Olympics Rhode Island, TechACCESS of Rhode Island, Vision Dynamics, NETWORKRI, Nunnery Orthotics & Prosthetics Technologies, the Arthritis Foundation, Adaptive Telephone Equipment Loan Program, the Governor's Commission on Disabilities and CAP, and the federal government's Computer/Electronic Accommodation Program.

Peggy Flynn-Sams, Deputy, EEO Officer for Commander, Navy Region Northeast (CNRNE), said great strides have been made in the federal workplace to employ qualified **DISABLED, Page 13**



SANDY BOTELHO, left, sales representative for Looking Upwards, shows handcrafted jewelry to Sylvia Kulpa of the Personal Property Office, Naval Station Newport.

TRICARE Prime now restricted

Changes have been made to Naval Health Care New England's TRICARE Prime retiree enrollment policy.

Commanding Officer, Naval Health Care New England (NHCNE), has temporarily closed "new" enrollment to the Military Treatment Facility (MTF) for retirees, retiree family members and the family members of deceased retirees due to capacity constraints. The opportunity to enroll in TRICARE Prime with a primary care manager (PCM) in the civilian network, however, was opened and is a viable option for this group.

This policy does NOT affect those currently enrolled to the MTF.

• Which MTFs are affected by this policy?

The NHCNE MTFs are affected by this enrollment policy include Naval Ambulatory Care Center Groton, Conn.; Richard D. De Wert Medical Clinic (Naval Ambulatory Care Center Newport, R.I.); and Branch Medical Clinics in Brunswick, Maine, and Portsmouth, N.H.

• Will my TRICARE Prime benefit be affected if I am enrolled to a Civilian Network PCM?

Yes, there is a \$12 co-payment for a civilian PCM office visit.

• How will the Civilian Network meet my needs?

The civilian network PCM, just like the MTF PCM, will coordinate all your primary and specialty care needs. In some instances, you may be directed back to the MTF for specialty services.

TRICARE, Page 13

Bravo zulu

War On Terrorism Expeditionary Medal

CWO James Norrell, Global War On Terrorism Expeditionary Medal, Naval Station Newport Security Department, Oct. 6, 2004
 MACS Scott Seiter, Naval Station Newport Security Department, Oct. 6, 2004
 GMC Martin Beeman, Naval Station Newport Security Department, Oct. 6, 2004
 MA1 Joshua Amaral, Naval Station Newport Security Department, Oct. 6, 2004
 MA1 Ryan McFarland, Naval Station Newport Security Department, Oct. 6, 2004
 MA1 Miracle, Naval Station Newport Security Department, Oct. 6, 2004
 FC1 Hopkins, Naval Station Newport Security Department, Oct. 6, 2004
 MA1 Scott Johnson, Naval Station Newport, Oct. 6, 2004
 MA1 Brian Lemley, Naval Station Newport Security Department, Oct. 6, 2004
 GM1 Stephen Albee, Naval Station Newport Security Department, Oct. 6, 2004
 MA1 John Habenicht, Naval Station Newport Security Department, Oct. 6, 2004
 MA1 Jeffrey Shotwell, Naval Station Newport Security Department, Oct. 6, 2004
 MA1 Richard Trantham, Naval Station Newport Security Department, Oct. 6, 2004
 FC1 Mark Medeiros, Naval Station Newport Security Department, Oct. 6, 2004
 IC1 Donald Lee, Naval Station Newport Port Operations, Oct. 6, 2004
 UT2 Scott Estes, Naval Station Newport Public Works Department, Oct. 6, 2004
 MA2 Jeffrey Donica, Naval Station Newport Security Department, Oct. 6, 2004
 FC2 Robert Levasseur, Naval Station Newport Security Department, Oct. 6, 2004
 BM2 Daniel Parthemore, Naval Station Newport Security Department, Oct. 6, 2004
 MA2 Daniel Arroyo, Naval Station Newport Security Department, Oct. 6, 2004
 MA2 Kendy Peguero, Naval Station Newport Security Department, Oct. 6, 2004
 MA2 Efrain Rodriguez, Naval Station Newport Security Department, Oct. 6, 2004
 MA2 Ashley Gavin, Medal Naval Station Newport Security Department, Oct. 6, 2004
 MA2 Kenneth Warren, Naval Station Newport Security Department, Oct. 6, 2004
 FC2 Harold Fanning, Naval Station Newport Security Department, Oct. 6, 2004
 MA2 Jourdan Moore, Naval Station Newport Security Department, Oct. 6, 2004
 MA2 Juan Gonzalez, Naval Station Newport Security Department, Oct. 6, 2004.



Photo courtesy SEA

The EIGHT graduates of the Senior Enlisted Academy's 11th Command Master Chief/Chief of the Boat (CMC/COB) class pose in Brett Hall, Naval Chaplains School, last Sept. 23.

11th COB/CMC class graduated

By **CMDM L. SOLINAP**
 Senior Enlisted Academy PAO

The Senior Enlisted Academy (SEA) graduated its 11th Command Master Chief/Chief of the Boat (CMC/COB) class on Sept. 23 at Brett Hall, Naval Chaplain School at Naval Station, Newport.

Fleet Master Chief Buck Heferman Jr., U.S. Fleet Forces Command, U.S. Atlantic Fleet, was the guest facilitator, providing the students with valuable information.

The CMC/COB Course is a capstone program that pro-

vides selected personnel with "just in time" learning experience designed to help them further develop the unique perspective and special skills needed to serve as vital members of their command's lead-
COB/CMC, Page 13



Ron Fontaine/U.S. Navy photo

FIVE WEEKS COMPLETED — From left, **Cmdr. Sharon Winnkler-Peiser, Director of the Officer Indoctrination School (OIS); Capt. David LaBarbera, Director, Fleet, Initial Surface Warfare Officer and International Training Department, SWOSCOL-COM; and Capt. Craig Solem, Commanding Officer, Officer Training Command-Newport, salute during a Pass in Review as OIS graduation ceremonies begin last Friday in Capt. Howard Kay Hall.**

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CONSEP helps Sailors manage their career path

Career Options And Navy Skills Evaluation Program (CONSEP) is the newest quality of life initiative launched by the Fleet and Family Support

Center (FFSC) for depression, as well as how to treat "the blues."

Registration is required and may be made by calling 841-2283.

Thrift Savings Plan (TSP)—

An informational class on TSP will be held on Nov. 16, from 11:30 a.m. to 1 p.m. at the Fleet and Family Support Center. Come and learn the basics of this defined contri-

bution plan. Spouses are welcome. Call 841-2283.

Effective Resumes—The Fleet and Family Support Center is offering a workshop entitled, "Effective Resumes,"

on Wednesday,

Nov. 17, from 11:30 a.m. to 1 p.m. A resume is one of your most important tools when looking for a job.

Call 841-2283 to register.

Fleet and Family Support Center

Center (FFSC).

The four-day course is a new type of training in which young Sailors are informed, inspired, and entertained, while improving their knowledge and ability to manage their career adventure. It provides them with insight into the various aspects of managing a career, financially, professionally and personally.

The Fleet and Family Support Center is offering CONSEP training for first-term military members (those with one to six years service time) from Nov. 1-4, from 8 a.m. to 4 p.m.

During the course students will:

- Develop a basic personal business plan and statement of purpose to use as a guide for the course
- Conduct a personal assessment of skills and values.
- Demonstrate skills to organize finances, limit credit use and begin building wealth.
- Identify Navy programs and people that will help them achieve specific career goals.
- Document work experience, conduct a job search and indicate specific actions to take.

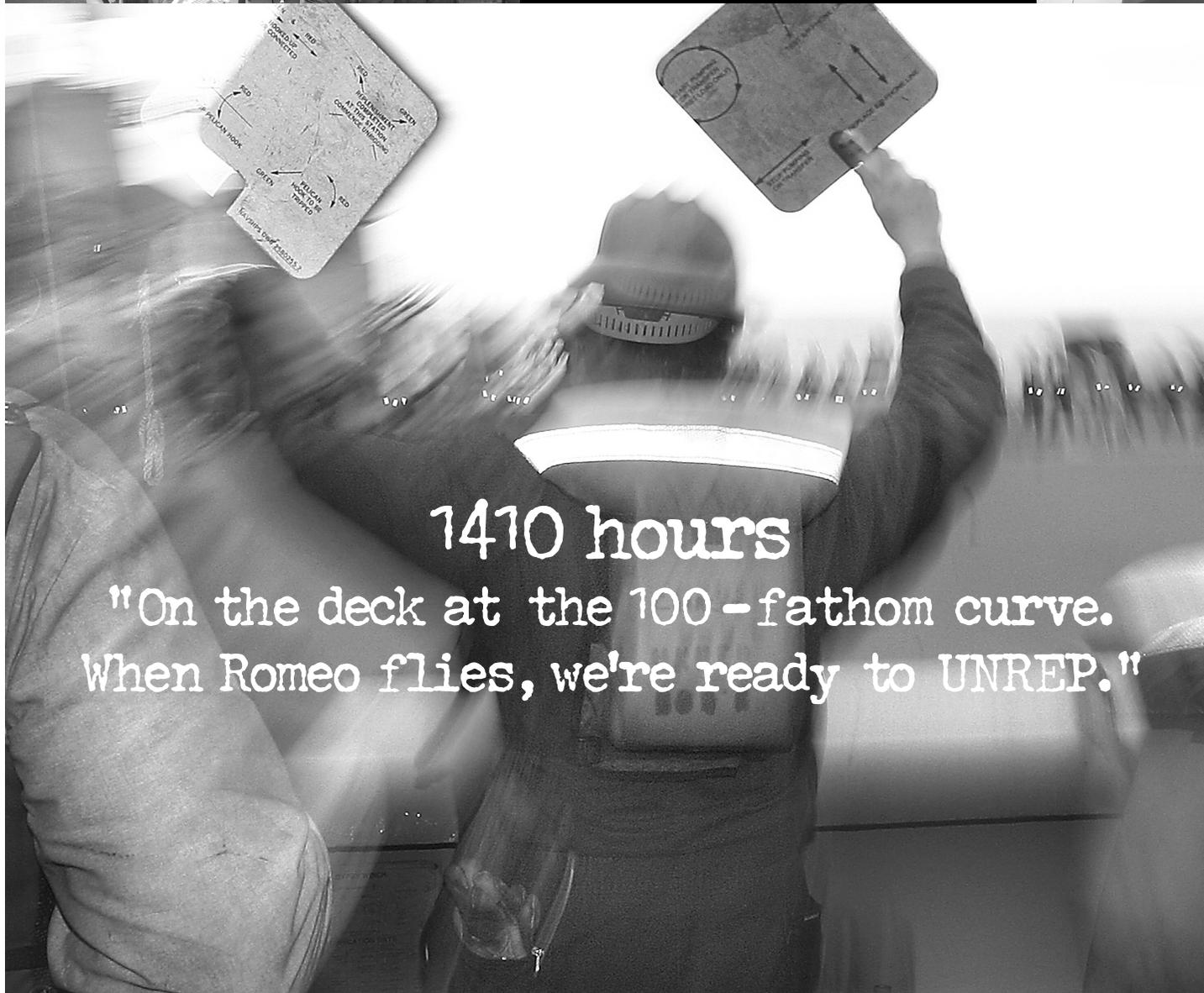
Registration is required and may be made by calling the FFSC at 841-2283.

Lunch And Learn Movie Matinee—Bring your lunch to the Fleet and Family Support Center on Friday, Nov. 12, from 11:30 a.m. to noon, and view, *Active Communication*, from the Active Parenting series. Registration is not required. Just bring your lunch and enjoy the show!

Beating The Blues—Come to the Fleet and Family Support Center on Tuesday, Nov. 16, from 9:30 to 11 a.m. to a brand new program called, "Beating the Blues." This program is led by a licensed social worker who will review some known symptoms and causes



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What's going on

Halloween adds twist to Fun Run

Dress in your favorite costume and come on out and celebrate Halloween and get some exercise, too, today at the NAVSTA Newport Halloween Fun Run and Walk.

All hands and family members are welcome and encouraged to participate. The three-mile run and one-and-a-half mile walk will begin and end at Fitness Plus, Building 355.

Treasure chests of treats will be awarded for commands with the most participation. Register at Fitness Plus Call 841-7196 for more information.

FRIDAY, Oct. 29

- Armed Services YMCA (846-9622)
 - Open Sewing, 9 a.m. to noon.
 - Little Kids Halloween Party 10 a.m. Come in costume for fun, games and trick-or-treating around the "Y." \$10 per child.

• Haunted Newport 2004 continues through Oct. 31. City-wide events of haunted hayrides, Halloween parties, ghost ship, horror film festival, ghost and vampire tours and more. Call 846-9884, or visit for more information.

• Halloween Mask Workshop, 3:30 to 4:30 p.m., Newport Public Library. Ages 10 to 14. Free. Call 847-8720, extension 204 to register.

• The following movies are being shown free at the NAVSTA Newport Recreation Center beginning tonight: *Godsend* (PG-13); *Eternal Sunshine of the Spotless Mind* (R).

• Frightnights at the Haunted Fort, 6 to 8:30 p.m., Fort Adams, Fort Adams State Park, Newport. Haunted house; vaulted tunnel galleries guarded by a variety of ghosts, ghouls and goblins. Call 841-0707. Also, Oct. 31.

• Jack-O'-Lantern Spectacular continues through Oct. 31, 6 to 11 p.m., Roger Williams Park Zoo, Providence. More than 5,000 pumpkins artistically carved and brought to life with interior candles. Special lighting and musical themes. Additional charge from admission. Call 785-3510, or visit www.rogerwillimspark-zoo.org for more information.

• Soup kitchen at Martin Luther King Center, 8:30 a.m., Dr. Marcus Wheatland Boulevard, military volunteers welcome. Also, Salvation Army, 5 to 5:45 p.m.

• Halloween at the Russian Submarine Museum, Juliett 484 transformed into the creepy K-Raptor experimental submarine lost at sea, tonight and Saturday, 7 to 9:30 p.m., Collier Point Park, Providence. All tickets \$8. Also, Oct. 30. For more information, visit www.saratogomuseum.org Also open Monday and Thursday, 10 a.m. to 5 p.m.



Jeff Fox photo

LAST SPOOKY WEEKEND — Sunday night, Halloween, is the last opportunity to see the 2004 Jack O'Lantern Spectacular — 5,000 professionally carved pumpkins along a 3-acre woodland trail — at the Roger Williams Park Zoo in Providence. Call 785-3510 for information.

SATURDAY, Oct. 30

• Soup kitchen at Community Baptist Church, 4:30 p.m., Dr. Marcus Wheatland Boulevard. Military volunteers welcome.

• Fire Fighting School Halloween Party, 3 to 7 p.m., Fire Fighting School, Burma Road. Haunted house with tours by age groups, games, candy, and refreshments. Open to all NAVSTA Newport employees. Children 15 and under should wear costume.

SUNDAY, Oct. 31

• Chapel of Hope Sunday worship services:

- Protestant service, 8 and 10:30 a.m.
- Catholic mass, 9 a.m. and noon.

• Soup Kitchen, Salvation Army, 4 to 4:45 p.m. Military volunteer welcome.

• Spooky Zoo Sundays, 11 a.m. to 3 p.m., Roger Williams Park Zoo, Providence. Spook-tacular activities for children, including making masks, building scarecrow, costume contests for spooky prizes and more. Free with regular admission.

MONDAY, Nov. 1

• Armed Services YMCA (846-9622)

— Parents' Time Out, 9 a.m. to noon. Let the "Y" care for your child(ren) while you take some time for yourself. \$12.50 for the first child, and \$7.50 for each additional child.

• Fleet and Family Support Center (841-2283)

— Career Options and Navy Skills Evaluation Program for first-term

military members, 8 a.m. to 4 p.m.

• Winter Boat Berthing begins through April 30, NAVSTA Newport Marina. \$15 per foot for military personnel/\$18 per foot for DoD personnel. Call 841-3283 for more information.

TUESDAY, Nov. 2

• Election Day.
• Armed Services YMCA (846-9622):

- Fitness Hour, 8:45 to 10:15 a.m. Childcare available for children over 10 months. \$4 for the first child, then \$1 each additional child.

WEDNESDAY, Nov. 3

• Armed Services YMCA (846-9622):

— Parents' Time Out, 9 a.m. to noon. Let the "Y" care for your child(ren) while you take some time for yourself. \$12.50 for the first child, and \$7.50 for each additional child.

• Fleet and Family Support Center (841-2283)

— Identity Theft Workshop, 5 to 6 p.m. Hear how you can reduce your risk of identity theft and what to do if it happens to you.

THURSDAY, Nov. 4

• Armed Services YMCA (846-9622):

— Fitness Hour, 8:45 to 10:15 a.m. Childcare available for children over 10 months. \$4 for the first child, then \$1 each additional child.

• Fleet and Family Support Center (841-2283)

— Anger Management, 2:30 to 3:30 p.m. Fourth of six sessions to learn to control your anger.

Special events

Halloween haunted house

MIDDLETOWN — Officer Training Command—Newport's Fire Fighting School will hold Halloween party on Saturday, Oct. 30, from 3 to 7 p.m. at the school on Burma Road.

The party will consist of a haunted house with tours given by age groups. There will also be games, candy and refreshments. The party will be open to all NAVSTA Newport employees and it is recommended that children 15 and under to wear a costume.

For more information, contact Interior Communications Electrician Second Class (SW) Thomas Petro.

Put on that costume, join Fun Run

Dress up in your favorite Halloween costume for the "Halloween Fun Run and Walk" today at 11:45 a.m.

The three-mile run and one-and-a-half mile walk will begin and end at Fitness Plus, Building 355, and is open to all active duty, retirees, reserve personnel, Department of Defense civilians and all family members. Participants under age 18 must have written parental consent (on form available at Fitness Plus).

The command with the most participation and costume creativity will receive a treasure chest of treats.

Register at Fitness Plus Monday through Friday, 8 a.m. to 4:30 p.m., or at the event. For more information, call 841-1474.

Wartime drama at Officers' Club

A musical drama of wartime era, honoring past and current servicemen and women, will be staged at the Officers' Club on Wednesday, Nov. 10, from 8 to 9:15 p.m.

We Mustn't Say Goodbye is directed by local playwright Linda Thomas.

Tickets are \$10 per person and the event is open to all-hands. For more information, call the O' Club Gift Shop at 841-4821.



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Announcements

Gate barriers reconfigured

As part of Naval Station (NAVSTA) Newport Security Department's on-going Random Anti-terrorism Measures (RAM) program, there will be unannounced reconfiguration of the concrete barriers at the NAVSTA gates, said Master-at-Arms First Class(SW) Richard L. Trantham, Security's leading petty officer.

All motorists are urged to use caution when entering and departing NAVSTA and allow for extra time for potential increased security checks.

Chase's Lane detour

MIDDLETOWN — Traffic patterns on Chase's Lane, Middletown, east of Gate 11 will be interrupted over the next few weeks because of public utilities construction, Cmdr. Mike Stoll, Director for Public Works, said.

Alternate routes for Naval Station Newport personnel is recommended.

MWR closes facilities on Veterans Day holiday

All Morale, Welfare and Recreation (MWR) Department facilities will be closed on Thursday, Nov. 11.

This includes Auto Skills Shop, the Seaview Lanes Bowling Center, the Officers' Club, the Computer Café, Enlisted Lounges, Fitness PLUS, the Information, Tickets and Travel Office, Pool 307, Veterinary Clinic, and MWR administrative offices.

Marina stores boats in winter

The Naval Station (NAVSTA) Newport Marina has announced the winter berthing period for private boats is Nov. 1 to April 30. Applications are available at the Marina Office, Building 17. The fee is \$15 per foot and is for "storage" purposes only. Live-aboards will not be allowed.

Patrons must have all applications and proper paperwork in by Nov. 1. For more information, call 841-3283.

Marina berths offered for summer in-water boat berthing next year

Navy Station (NAVSTA) Newport Marina is receiving applications for summer in-water boat berthing.

Sixty berths are reserved for active duty personnel, their dependents, and military reservists through April 15 or until filled. Assignment of these berths will begin on Feb. 1 on a first come, first serve basis based upon boat size and corresponding slip availability, until filled.

Mooring balls are also available.

Applications from retired personnel and Department of Defense civilians, for the remaining 35 berths and 27 mooring balls, will begin on Feb. 1. Retired military will have priority over Department of Defense civilians.

The berthing rates for 2005 will be \$59.50 per foot (DoD \$71.50 per foot). The seasonal mooring rate is \$718.00 (DoD \$862).

For berthing information or applications, call MWR at 841-2643. For all other Marina information, call the Marina at 841-3283.

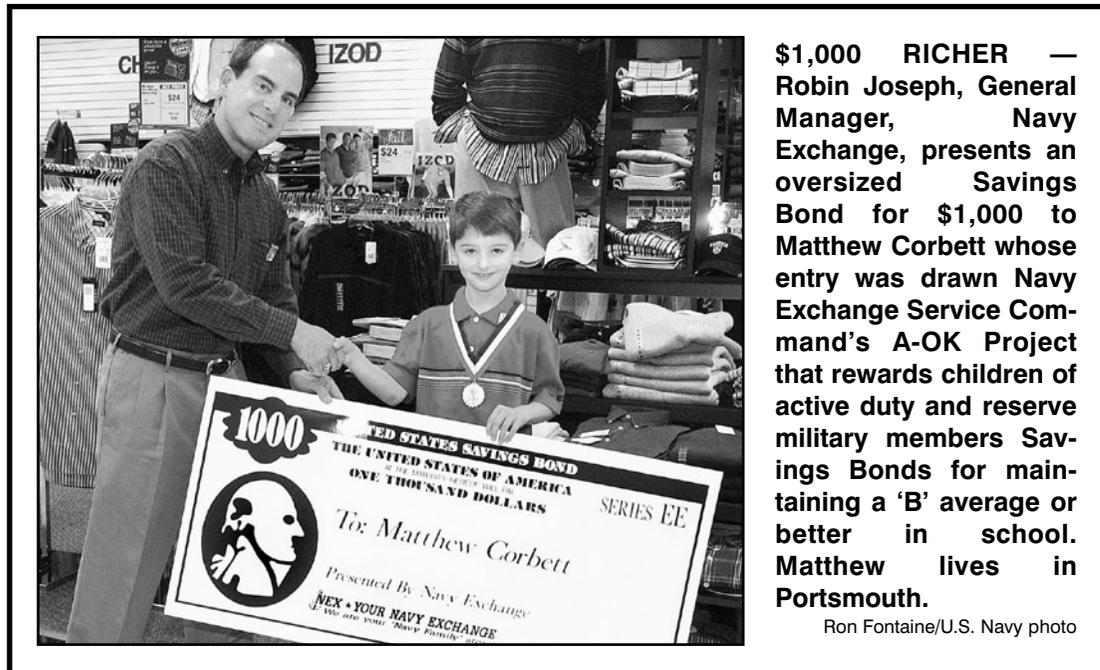
Bowling league looking for people

Thursday Night Mixed Bowling League is looking for some people who would like to have fun in a social setting. No bowling experience needed. Please contact Raye Fucito at 849-3682 for more information.

Reserve officers seek members

The Reserve Officers Association of the United States (ROA) monitors legislative action in Washington, D.C. and state governments.

Its all-service membership of 75,000-plus assures that legislative and benefit needs are represented while you carry out your duty.



\$1,000 RICHER — Robin Joseph, General Manager, Navy Exchange, presents an oversized Savings Bond for \$1,000 to Matthew Corbett whose entry was drawn Navy Exchange Service Command's A-OK Project that rewards children of active duty and reserve military members Savings Bonds for maintaining a 'B' average or better in school. Matthew lives in Portsmouth.

Ron Fontaine/U.S. Navy photo

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ROOM WITH A VIEW — International students in the Naval Command College Class of 2005 contemplate the view overlooking ‘ground zero,’ the site of the former World Trade Center twin towers in the financial district in lower Manhattan. The students visited New York earlier this month.

NCC students taste Big Apple

By CMDR. M. DIONIAN
Naval Command College

NEW YORK CITY — The students of the Naval Command College (NCC) Class of 2005 recently completed a five-day informational program visit (IPV) to New York City.

The class of 49 international senior officers at the Naval War College participated in numerous tours and executive level briefings to gain a better understanding of the economic, political, and social aspects of life in America and the “Big Apple.”

Arriving from Newport, the students and family members enjoyed a tour of New York City that highlighted the vibrancy and diversity of America’s largest city and center of business and economy.

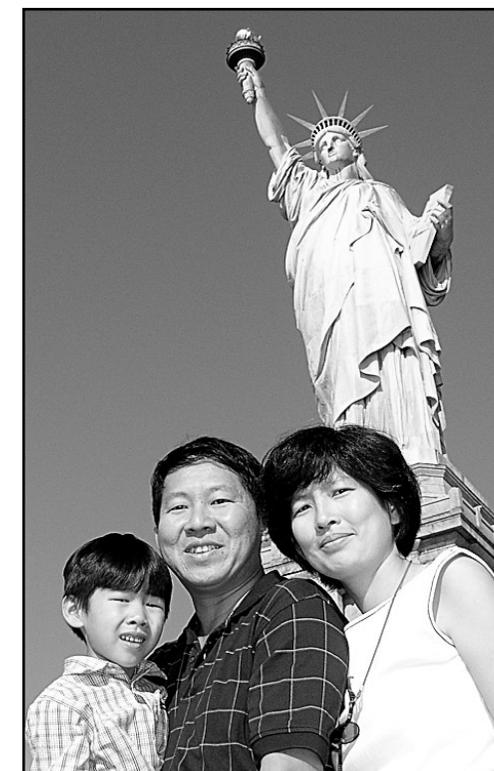
The following four days were packed with informational and cultural activities which included: an excellent tour and senior executive-



SOCIAL TIME—Capt. Mohamed Brai of the Egyptian navy, and Capt. Mohammad Sharafi of the Pakistan navy, share a light moment with a member of the New York Navy League at the organization’s reception.

level discussion on the role of the Federal Reserve delivered by New York Federal Reserve Senior VP, Mr. Peter Bakstansky; first-hand experience in the open outcry auction

NCC, Page 9



VISIT TO LADY LIBERTY—Col. Tan Wei Ming of the Republic of Singapore navy, his wife, Chee Khin, and their son, Li Kang, take in the sight of the Statue of Liberty.



PLAY TIME — Cmdr. Ignacio Mardones of the Chilean navy spends some quality time with children at the Henry Street settlement in lower Manhattan.



CAPT. MARTIN Nforbinson, right, Cameroon navy and NCC Class 2005 president, presents a class photo to the N.Y. Navy League president at the Navy League reception.



DON'T FEED THE DUCKS — Students enjoy a 'bag lunch' in Central Park on a sunny afternoon. From left are Capt. Danilo Cortez of the Philippine navy, Capt. Timothy Appiah of the Ghana navy, Cmdr. Youn Seong Han of the Republic of Korea navy; and Capt. Bulent Senses of the Turkish navy.



STUDENTS FROM 48 nations in the Naval Command College's Class of 2005 pose on the balcony for a group photo at the Henry Street Settlement.

Photos by Capt. Gojiro Watanabe, Japanese Maritime Self Defense Force, and Capt. George Marangoudakis, Hellenic navy.

NCC

Continued from Page 8

process live on the trading floor at the N.Y. Board of Trade; visit with N.Y. Police Department leadership at NYPD headquarters; discussions with Council on Foreign Relations members including James M. Lindsay, leading authority on domestic influence on American foreign policy; healthy questions and answers on the subject of U.N. relevance and U.S. policy with Goldon Olson, Deputy Political Section, U.S. Mission to the U.N., and a tour of the United Nations complex.

A lively question and answer session followed each executive level lecture and briefing.

The students also had the opportunity to tour the Henry Street Settlement on Manhattan's Lower East Side.

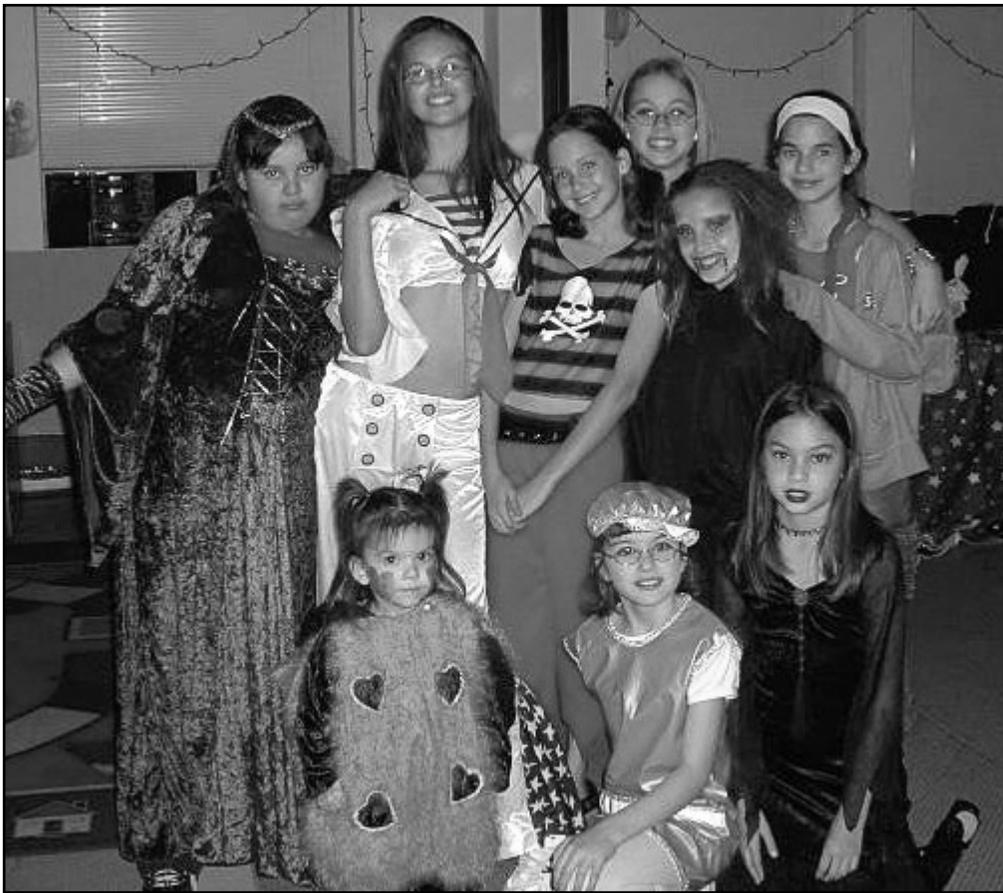
This mission, founded in 1893 by social work pioneer Lillian Wald, delivers a wide range of social service and arts programming to more than 100,000 New Yorkers each year. The class also enjoyed lunch in Central Park and Little Italy.

On Wednesday evening the class attended a reception co-hosted by the New York Navy League where the class shared an evening with the cadre of Navy and N.Y. city community, municipal and business leaders at the New York Athletic Club. The finale of the trip was a visit to the Statue of Liberty and Ellis Island.

The busy schedule of events provided the Class of 2005 the unique opportunity to experience first-hand how America functions behind the scenes and experience the vast cultural diversity of America's largest city.

This trip also included participation by 52 family members. Collectively, these events provided each senior international officer a better understanding of New York, the people and culture, and how America works in this region of the U.S.

The hospitality and consideration of the many organizations visited and the people of New York provided lasting positive impressions for many of our international friends.



Shauna Heflin photo

GIRLS at the Youth Monster Mash Jam at the Armed Services YMCA last Friday night, pause from dancing to model their costumes. A contest was held for best outfit. The event was sponsored by the First and Second Class Petty Officer Associations.

Naval Station Newport Dining

Officers' Club

Building 95, Phone 841-4821, 846-7987 or 849-3693

Today: Lunch is served from 11 a.m. to 1:15 p.m., on the first deck, with wait staff service.

Tonight: Kick off the weekend at the Officers' Club, the place to be on Friday nights.

Head upstairs at Topside Pub and enjoy complimentary homemade beer cheese and crackers. Also, check out the nightly drink special.

The Country Mile Band Dinner Dance Show gets underway from 6 to 11 and features a country buffet. Tickets are \$23.95 per person and are available at the Gift Shop.

Saturday: The Topside Pub opens at 4 p.m. Full pub menu available until one hour before closing.

Sunday: Come enjoy all-hands breakfast on the Blue Deck, or, in case of inclement weather, inside at the Officers' Club. It's just \$8.95 for adults and \$4.50 for children (ages 4 to 10). Gratuity and beverages are not included.

Breakfast is served from 9

a.m. to 12:30 p.m. Enjoy your favorite breakfast menu items with spectacular views of Newport Harbor.

Monday-Friday: Lunch is served from 11 a.m. to 1:15 p.m. on the Blue Deck (weather permitting), with wait staff service. Dinner is served from 4 p.m. to one-hour before closing.

The Pub Menu is available at Topside Pub or on the Blue Deck, weather permitting.

Thursday: Lunch is served from 11 a.m. to 1:15 p.m., on the first deck with wait staff service. Dinner is served from 5 to 7 p.m.

Topside Pub or on the Blue Deck (weather permitting): Lobsters for Happy Hour. One-plus pound boiled lobsters, giant baked potatoes, hot and spicy wings, fresh garden salads, and creamy clam chowder.

Upcoming Events:

The Abbey Road Dinner-Dance Show will be Friday, Nov. 12, from 6 to 11 p.m. and

will feature an Italian buffet. Tickets are \$24.95 per person, include gratuity, and are non-refundable.

Tickets are available at the O' Club Gift Shop Monday through Friday 8 a.m. to 4 p.m. or call using Visa/MC at 846-7987.

Enlisted Lounges

(Recreation Center, Building 656, phone 841-3054)

Hours of operation: The Enlisted Club is open from 4 to 11 p.m., Wednesday to Saturday. The CPO Lounge is open Wednesday and Thursday, from 4 to 9 p.m. and Friday, 4 to 11 p.m.

The Pub menu is available Wednesday through Saturday, 4 to 8 p.m. Lunch service is no longer available.

Tonight: Head over to the Recreation Center, Building 656, tonight and every Friday from 4 to 6 p.m. and enjoy complimentary chunky salsa and tortilla chips, and listen to tunes on the jukebox. This is the perfect way to unwind

Information, Tickets and Travel

See the Thanksgiving Day Parade

Join us for our annual trip to New York City to see the Macy's Thanksgiving Day Parade on Thursday, Nov. 25. The trip is \$45 per person and includes transportation from NAVSTA Newport at 5 a.m. to NYC and return to NAVSTA Newport at 6 p.m.

Spend five hours in New York as you please, watch the parade, shop or sightsee. For more information, call ITT at 841-3116.

Providence Performing Arts Center tickets at ITT

Information, Tickets and Travel has tickets for the following performances at the Performing Arts Center in Providence:

— *Oklahoma*, Nov. 13 at 2 p.m. Tickets are \$46.75 per person.

— *Lord of the Dance*, Nov. 18 at 7:30 p.m. Tickets are \$46.75 per person.

— *The Nutcracker*, Dec. 11 at 7:30 p.m. Tickets are \$21.50 per person.

— *42nd Street*, Jan. 8 at 2 p.m. Tickets are \$49 per person.

For more information, call ITT at 841-3116.

New York attractions at discount

The MWR Information, Tickets and Travel Office is pleased to announce the arrival of discount tickets to some of New York City's hottest attractions!

Visit the ticket office in the Recreation Center, Building 1121, and pick up tickets to Madame Tussaud's Wax Museum, the NBC Studio Tour, Grayline Sightseeing Tours and the Intrepid Air, Sea and Space Museum, all at an affordable price!

Discounts are also available for selected hotels on a space available basis.

Stop by ITT in Building 1121 today for more information or to pick up some tickets.

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Now you can get all your tire needs done right here at Auto Skills Shop: purchasing, mounting, and balancing.

Major tire brands are available such as Cooper, BF Goodrich, Michelin, Hankook and more. It only takes 24 hours for tire orders to come in.

Visit the shop in Building 304 to see staff for pricing and assistance on tire purchases. For more information, call 841-3026.

Prepare auto for winter cold

Now is the time to get your car in shape for winter. Visit the Auto Skills Shop, Building 304 and winterize your car to insure its safety and dependability all season long.

The shop is open Tuesday through Friday from 11 a.m. to 7 p.m. and on Saturday from 9 a.m. to 5 p.m. Call 841-3026 for more information.

Ski Shop

Ski Shop to open Nov. 3

The ski season is just around the corner. Are you ready for it?

The Morale, Welfare and Recreation (MWR) Department Ski Shop will officially open in Building 303 or the winter season on Wednesday, Nov. 3.

Ski-fittings are now being taken. There is a one-time fee of \$5 per person or \$12.50 for the family. Walk-in fittings are at the discretion of the Ski Shop manager.

All boot and ski measurements will be kept on file for the entire season, making it quick and easy to reserve equipment.

The winter sports resale shop offers a variety of products including ski masks, hand, foot and ear warmers, ski gloves and goggles at great low prices. Hours of operation will be Monday and Tuesday from 11 a.m. to 1:30 p.m. for returns only; Wednesday and Thursday, noon to 5 p.m.; and Friday, 11:30 a.m. to 5 p.m. For more information, call the Ski Shop at 841-2568.

Heading up north? Get gear here first

Don't be left out in the cold this winter just because you don't have the right equipment! The Ski Shop, Building 303, has a complete line of rental skis, snowboards, ladies figure skates and men's hockey skates.

Stop in today for high quality ski accessories, tuning services and ice skate sharpening for \$3 a pair for military personnel and \$4 for DoD civilians. Get your gear and have some winter fun in New England! For more information, call 841-2568.



Rent ice skates for public rinks

Going to the Born Family Skating Center in downtown Newport, or to the Fleet Skating Center in Providence?

Visit the Ski Shop before you go and rent skates for just \$3 (military) or \$4 (DoD)! The Ski Shop also has a full-line of skis and snowboards for rent, making it easy for you to get out and enjoy winter sports! Call 841-2568 for more information.

- Injury Prevention
- General Nutrition
- Body Composition

Each participant will receive a fitness assessment. The class is open to youth, ages 8 to 14. It is a 13-week class until Dec. 16 from 3:45 to 4:30 p.m. Youth Fitness costs \$30 per person.

Register Monday through Friday, 9 to 6 p.m., at Fitness Plus, Building 355 or call 841-1474.

Pool 307

(Pool 307, 841-6628)

All levels are offered, pre-school (ages 3 to 5) and Level 1, 2 and 3 (ages 6 and up).

The second session is Nov. 1 to Dec. 2, and registration is underway.

For more information, call Jeff Cornell at 841-7196 or 841-6628.

If you'd like to join a competitive swim team, the Newport Blues Swim Team is soliciting swimmers, ages 5 to 18, for the fall-winter season. Competition and training is offered to swimmers of all abilities.

Practices are held at the Navy Training Pool 307, Monday through Friday, 6 to 7:30 p.m.

For more information, contact head coach Tara Donovan at Coach@NewportBlues.org at 338-7141. Information about the Newport Blues is posted at www.NewportBlues.org

Army faces Navy in mini-challenge

Army students at the Naval War College will take on their Navy counterparts in their third annual Army-Navy Flag Football challenge on Nimitz Field, Dec. 3, at noon.

Army won the first meeting 22-17 in the "snow bowl." Navy roared back last year and won a "squeaker" 52-47 in the last 17 seconds of the game.

"The Game" itself, between the Naval Academy and West

Point, will be Dec. 4.

Army has planned a special surprise before the game this year, but details are still being worked out, Army Col. Tom Gibbons said.

Friends and relatives are welcome to wear their team colors and cheer on the players.

The Army coaches are Maj. Scott Reid and Col. Scott Ciluffo.

Halloween

Continued from Page 2

Family Housing on Sunday night, Andrew "Chip" Fales, NAVSTA Security, said.

"There will be extra police patrols, but no curfew established," he said. "Usually, the peak time is 6 to 8 p.m."

Fire Controlman First Class Mark Medeiros, NAVSTA Security, said with Halloween upon

us all personnel need to make sure that safety is a top priority.

"There won't be any restrictions on trick or treating," he said. "However, in order to ensure a safe night for all, Security recommends limiting trick or treating to between 5 and 8 p.m."

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Sports



Navalog file photo

RHODES 19 sailboats queue up for the start off Coasters' Harbor Island earlier this month. The Rhodes 19 Fall Racing Series came to a close Oct. 6.

Schmidle takes Rhodes finale

ON NARRAGANSETT BAY – In a night filled with the unexpected, Paul Schmidle surprised the competition with a decisive win in the final race of the Rhodes 19 Fall Racing series on Oct. 6.

Dan Sullivan and Mike McDonald also put in impressive performances, taking second and third places, respectively, and beating both of the usual winners, Herb Rommel and Mike Incze.

Sailing course P1 with a fresh south-southwest breeze, Schmidle took the lead soon after the start, and dominated the field for the remainder of the race.

The remaining 10 boats enjoyed good winds and numerous tacking duels with many position changes, for a fun night of racing to end the series.

Incze, one point ahead of Rommel going into

this race, took first place overall for the Fall Series, with second place going to Rommel.

Schmidle's win boosted him ahead of Seth Moyer in the standings, giving him third place overall in the series, which averaged 12 boats racing per night.

Final race results:

1. Paul Schmidle
2. Dan Sullivan
3. Mike McDonald
4. Mike Incze
5. Seth Moyer
6. Dave Wilson
7. Herb Rommel
8. Mike Arsenault
9. Bob Callahan
10. Chuck Kesson
11. Marjorie Zambrana

Torpedo Systems reclaims Sonar Cup

ON NARRAGANSETT BAY – Jeff Caron and Dan Freitas succeeded in bringing the coveted Sonar Cup back to the Torpedo Systems Department in the Naval Undersea Warfare Center's annual intramural sailing regatta held on Oct. 8.

Tom O'Connell of the Autonomous Systems & Technology Department, and Chris Shaw of the Communications, Imaging, and EW Sensors Department, had won the perpetual trophy in both 2002 and 2003, and attempted to defend it against eight challengers.

Sailing course 15-R-13-T in a fresh south-southwest breeze, warm sunshine, and a flood tide, Caron and Freitas were even with two other boats as they first crossed under the Pell

Bridge after the start near Potter Cove.

They then took a dominating lead as they enjoyed good winds while remaining in the middle of the East Passage, rounding the windward mark off The Dumplings 10 boat lengths ahead of O'Connell and Shaw.

Caron and Freitas, who had last won the trophy as a team in 1999, held their lead for the remainder of the race, under the bridge and back, to take the win with a paddle-swing finish at the red nun "T" off Rose Island.

The remaining boats finished the race in close order, and all reported a great day of sailing.

Navy's defense holds off NAPS

By **ENSIGN S. BRAZIER**

NAPS Football Staff

ANNAPOLIS, Md. – The Naval Academy junior varsity got the best of a defensive struggle against the visiting Naval Academy Prep School football team, 10-3, last weekend.

NAPS is 6-2 this season.

After winning the coin toss, NAPS drove the ball 29 yards before kicker Jonathan Tigani was called in to punt.

After Navy's three play drive that covered 28 yards, NAPS defensive back Ketric Buffin intercepted his first of three passes to give the Rams another opportunity to score.

After two drives and two punts for both teams, the Rams approached the field for their fourth drive of the game. The first play of the drive came to a halt when NAPS running back Karlos Whittaker was intercepted while attempting a half back pass.

The Midshipmen took advantage of the Rams turnover as they marched down the field 24 yards and scored on an 8 yard touchdown pass. The extra point was successful.

The next three series for Navy JV both concluded with turnovers for the Rams defense. The second of three interceptions for Buffin came on the Navy JV drive following

their touchdown pass. After the first turnover, NAPS offense was forced to punt.

The second of three turnovers came on the first play after NAPS was forced to punt. Defensive lineman Nate Frazier and linebacker Michael Briggs forced the running back to fumble. The fumble was recovered by defensive lineman Artie Pauls.

After this turnover, Tigani converted a 22 yard field goal.

The next drive for Navy JV came to a conclusion with the third of three turnovers for the NAPS defense. Defensive back Ketric Buffin intercepted his third of three passes with a breath-taking one hand catch.

The Rams offense attempted another field goal to capitalize on the turnover. Kicker Jonathan Tigani was unsuccessful on his 22 yard field goal attempt.

On the seventh play of Navy's drive, NAPS defensive lineman Nate Frazier forced his second fumble of the day. Linebacker Scott Reider recovered the fumble and ran up the field for 25 yards before being tackled.

Opening the second half, both teams concluded their opening drives with punts. On the second possession of the half, Navy JV drove down the field 42 yards and scored with a 34 yard field goal to increase their lead and hold at 10-3.



Ron Fontaine/U.S. Navy photo

Quarterback Joe Taylor and center Anthony Gaskins of the Navy Prep football team, practice hikes on Nimitz Field under their coach's watchful eye.

COB/CMC Graduates

Continued from Page 4

ership triad: "Commanding Officer, Executive Officer and the Command Master Chief."

Command Master Chiefs/Chiefs of the Boat are the senior enlisted leaders who report directly to their respective Commanders/Commanding Officers.

They participate in formulating and implementing policies concerning the morale, welfare, job satisfaction, discipline, effective utilization, and training of the Navy enlisted personnel. They also work very closely with the Executive Officer in the dissemi-

nation and promotion of command policy and maintaining the effectiveness and efficiency of the chain of command.

The graduates in Class 11, and their follow-on duty stations, are:

CMDCM(SW/AW) Gary Bernhard, Naval Computer Telecommunications Station, Far East.

CMDCM(AW) Rodney C. Shepard, Naval Air Reserve, Willow Grove, Pa.

CMDCM(SW/AW) Terry Craddock, guided missile destroyer USS Benfold

SKCM(SW/AW) Terri Carroll,

Naval Coastal Warfare Group, Squadron 33.

CMDCM(SS) Randy Shoe, command master chief, Portsmouth Naval Shipyard, Portsmouth, N.H.

DCCM(SWCC) Patrick Battles, command master chief, Special Boat Team Twelvce.

CMDCM(SW/AW) Jim Pasaretti, command master chief, guided missile frigate USS Jarrett

AMTCM Mike Peterson, Home Awaiting Orders.

Jobs

Continued from Page 3

be fired or laid off for no real fault of your own."

Downsizing is inherent, and can come at any moment.

He said in today's business world, 25 to 30 percent of employees are contractors because they require no company life insurance and health benefits, job tenure is short, there are fewer promotions, retirement packages and savings plans are reduced, and technology is always changing.

Buse said fiddling with the right resume style is wasting time. Seventy-five percent of job hunting time should be allocated to networking.

He suggested the members write personal letters to people in jobs that might interest them. "Ask to meet them, then inquire about the positives and negatives, the advantages and disadvantages of their job. Then leave a resume behind."

"Remember, 80 percent of the jobs out there are never advertised," he said.

Buse's lecture is presented annually at more than 150 U.S. military bases worldwide.

Disabled

Continued from Page 3

itizens with disabilities.

"The CAP Program provides any kind of reasonable accommodations," said Flynn-Sams. Some examples include interpreters, Brail readers, magnifiers and voice recognition equipment, or as simple as an ergonomic keyboard or a chair."

Specialized training and supervision can also open door for those with developmental disabilities and other diverse needs.

Alexis Valory, Day Enrichment and Vocation Services counselor at Looking Upwards in Middletown, said the program helps remove barriers by providing such services as employment training, skills, support to live independently, leading to rich and satisfying lives.

"This is an awesome forum," she said. "This state (Rhode Island) is years ahead of the national trend in terms of the programs that are available. Such advocacy has given a good strong voice for better opportunities, programs and employment options for this population."

Pauline Peter, program secretary for CNRNE Community Support

Programs, volunteered to staff a table for the New England Organ Bank. A kidney transplant recipient, said organ donation is a gift of life.

"I was one of the lucky ones," said Peter of her transplant in May 2001, "I know what it feels like to be ill and have to wait every day for an organ. "Organ donation saves lives or improves quality of life for so many people."

Inclusion and socialization are important aspects of quality of life, and the loss of a limb can result in seclusion for a once active person.

Michael Nunnery of Nunnery Orthotic and Prosthetic Technologies in North Kingstown, was on hand with a specialized motorized cart to promote First Swing Rhode Island. The program helps physically challenged persons to get out and enjoy the game of golf.

"It can make a world of difference," said Nunnery, a prothetist and orthotist of the adaptive golf program for persons with disabilities. "The game of golf is used as a means to rehabilitate with the use of assistive equipment to get around their disability."

TRICARE

Continued from Page 3

• Will I still have access to all MTF services?

Yes, the MTF pharmacy, laboratory or radiology services continue to be an option to those enrolled to a civilian PCM. Additionally, specialty care may be available but on a space available basis.

• If a Civilian PCM provides laboratory and X-Ray Services will I

be charged an additional copayment?

No, if these services are provided as part of the office visit.

• Where do I find Civilian Network PCMs?

For a listing of civilian network Primary Care Managers in your area please stop by the local TRICARE Service Center or visit the Health Net Federal Services web site at Ask for a Tricare Benefi-

cary Handbook for a complete guide to your benefits.

Commanding Officer, NHCNE is committed to providing quality health care to all TRICARE beneficiaries and will periodically reassess the enrollment policy to determine if/when new enrollment for retirees at MTFs can resume, and to communicate any changes to this enrollment policy.

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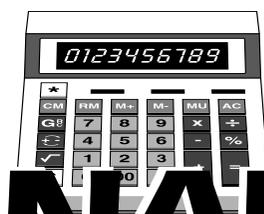
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ASPHALT PAVING & stone sealed, colore stone drive-ways. Ric Asphalt Specialists. 4: 0953 Days or evenings

GRASSHOPPER LAND- SCAPING: Backhoe service, gravel, pave cobblestones. 846-9390.

GRAVEL DOCTOR, Re- pair Potholes & Ruts all your Gravel/Unpave surfaces at a fractior the cost of traditi: methods. 849-5885.

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TEVES PROFESSIONAL Blacktop Driveway Seal ing/Coatings. 848-9270

ELECTRICAL CONTRACTOR

G&S ELEC. All types. Reasonable and reliable 25 yrs. exp. Licensed ins. A1981. George Sniezek at 401-418-9918

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DUMP TRUCK, backhoe & bulldozer servic. Land clearing, tree wo & concrete removal. KC Construction, 683-1784

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CLEAN, STRIP, WAX & poly application. Gr: Dawson 846-5945.

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Guitar lessons, all sty Reasonable rates. 4t lesson is free. 848-55

HANDYMAN

EAST COAST HANDY- MAN INC. We do it al from A-Z, incl. power ashing. Office 447-512

REPAIRS & Painting by Jack. Small jobs welco me. 401-787-7899.

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DUMP RUNS \$85! Usu- ally same day. Als handy jobs. 423-1256.

HAVE TRUCK WILL HAUL. Brush, junk, leaves, appliances, co struction cleanups, e Dumpster/trailers ava Local cell, 497-1282.

HOME IMPROVEMEN

ISLAND HOME REPAIR Service. Remodeling, repairs. 849-5206.

HOUSECLEANING

846-7855 NEWPORT CLEANING & MAID SERVICE. "We Do It All": Regular or 1 t service, Move in/ou Windows in/out, carpe cleaning, Constructic clean up, Cellar/Garag clean outs & Dump runs. Last minute O.K Lic./bonded/ins.

EXP. HOUSEKEEPER: Excellent refs. Compet itive prices. 624-2887.

GM CLEANING SERVI- CE. We do all job move in/out, Bonded & insured. 847-8195.

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JANES' CLEAN. Hous- es, offices, apartmen construction, windows move in/out. Excell: experience. Good refs and price. 846-1219.

HOUSECLEANING

HOUSES, offices, apts. windows, laundry, icro- ing 662-9715/662-9016.

WE DO ALL KINDS OF cleaning w/love. Mr: Silva 508-646-1388.

JUNK REMOVAL

GOT JUNK? We haul at great rates! Junkbuster 782-1765/286-5881.

LANDSCAPING

A. ABLE, fall cleanup brush cutting, le cleanup. 846-1780.

ACOASTAL TREE. Full service tree/landscap co. Lic. 618. 847-0312

ALL ISLAND LAND- SCAPE full tree servic including transplanti climbing & bucket truc Landscape maintenance & installation, walkwa & patios. New garden center at 2829 Eas Main Rd., Portsmouth Unilock pavers, pla: material. Commercial: snowplowing. 683-1588.

E. LLAMAS LANDS- CAPING. Garden de- sign, lawns, seedin and sodding, hedges, tree cutting and pla ing, much more. 26 yrs exp. 849-2651, 848-2836

GRASSHOPPER LAND- SCAPE: Fall clean-up, pruning, sod, patios walkways. 846-9390.

Just Grass Lawnmowing. Reasonable rate, prompt service. Call 692-1154

MASONRY

683-4933, JOHN. BUILD/ RESTORE STONE- WALLS, patios, steps sidewalks, chimneys.

BRICK, stonework, side- walks, patios, repai lic. 4339, ins. 423-13

DOWNEY MASONRY: 20 years professiona Stone/ Brick work, chi neys, fireplace & ste; Build or Restore. Mik 849-8388.

STONEWALL, brick walk. I beat anyone else' price. 846-7554.

PAINTING&PAPERI

1ST. CHOICE PAINT- ING, exterior & inter Wallpaper. Exp., affo: able. Mike, 846-7799.

ALBERTO PAINTING and Power Washing. Free estimates. Li #8239. Call 841-5693.

PAINTING&PAPERI

Aquidneck Painting Co. Interior & Exterior Power washing, Insured. 846-6966, 401-323-8029

DONBACH PAINTING & PAPER. Meticulous, in teriors, wallpaper. Li ins. 848-7846.

EAST COAST HANDY- MAN INC. Exteri- or/interior painti wallpapering. 447-5125

EXTERIOR/INTERIOR Painting: 35 years. Fr estimates. 846-9774.

FREE ESTIMATES Paint- ing, papering, lic. 2897 H. Cassese Jr.

HASLAM PAINTING. In- terior/exterior. Po: washing, fiberglassin misc. #21482. 847-5418.

INTERIOR/EXTERIOR painting. Specialty de orative and mura painting. No job small. Call 497-9313.

JWK PRECISION PAINT- ING: Interior/exteri Reliable. Call 662-677

PAINTER/CARPENTER: Interior/Exterior. R Reliable/reasonabl Andy 849-8646 Lic#7430

POWER WASHING

ODD GUYS ODD JOBS houses, decks, stainin All jobs! Call 846-36:

TEVES Professional Pow- er Washing, residenti: commercial, paint/stai Waterproofing. 848-9270

PERSONAL CHEF

SHOPPING, COOKING or small dinner parti Let me do the work Susan 401-480-3190.

SNOWPLOWING & REMOVAL

SNOWPLOWING/Sanding services. Bobcat/backhoe services. C.J. Vivei 401-662-1266.

ELENA'S UNISEX HAIR SERVICES. Catering to individuals home bound & special needs. Shec no tears I'll bring shears. Licensed & insured. 25 yrs. ex Contact Elena 848-0756

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SPARKLING WINDOWS In & out, free estimat fast service. Lic./Bon d/Ins. 846-7855 Newport Cleaning & Maid Service

3 LINES, 28 DAYS ONLY \$62

To advertise your business or home service in both The Newport Daily News and The Navallog CALL 849-3300 "Advertising Deadline: Thursday at 11 a.m. each week"

10 - Help Wa

COUNTER. Cafe/ bakery. Are you an early bir Busy cafe. Mon.-Fri 6:30 a.m.-1 p.m. Ocean Breeze Cafe, 580 Thames St., 849-1750.

DRAFTS Person for high end architectural working facility. Mum 3 yrs. auto cac exp. Excellent wages/benefits. 841-5544

DRIVERS/WAREHOUSE: Full time. Must have valid driver's lic. Toppa's, 951 Aquidneck Ave., Mon.-Thurs. fro 1-4 pm.

HUMAN SERVICE - full time 8 a.m.-4 p.m., D program for adults w/ developmental disabilities in Middletown. E a plus, but will train right person. Competitive salary, excellent benefits. Apply in person at 120 Hillside Ave Newport. EOE, M/F/D/V.

HUMAN SERVICE - Job opportunities avail. sisting people w/ developmental disabilities in their homes the East Bay area. N exp. necessary - w/ train qualified individuals. Excellent benefit Call Andre at 253-590 or 846-4600, or email andref@mahercenter.org. EOE, M/F/D/V.



LAUNDRY Attendant: To hand fold laundry, operate press & foot machine. Count, bag, & label clean laundry 3pm-7pm/Mon. - Fri. occasional Sat. Must be capable of standing for 4+ hrs. at a time. Agency must be able to obtain clean criminal background check, through the Attorney General Office. Complete application & BCI waiver 120 Hillside Ave Newport. EOE M/F/D/V

MAINTENANCE ASST. for lge. apt. community. Knowledge of plumbing, elec., carpentry. Must have transportation & tools. On call weekly. Salary + benefits. Northgate 847-78

MAINTENANCE person for office complex Newport. Must have exp. in all aspects general maintenance, grounds upkeep & janitorial skills. Full time round position. Vehicle & valid driver's license must. Call 841-5125 for interview.

MEDICAL SECRETARY for busy dermatology practice. Exp. preferred. Candidate needs to be detail oriented, enthusiastic, flexible & excellent customer service skills. Occasional travel between offices complete benefit package. Fax resume to 401-739-8046.

RECEPTIONIST Trainee Monday-Friday, part time, top pay. 846-785

WAITSTAFF. No nights! full or part time in breakfast & lunch cafe Ocean Breeze Cafe, 580 Thames, 849-1750.

10 - Help Wa

WAITSTAFF: Applications now being accepted at Annie's. Day full/part time hrs. Apply at 174 Bellevue Ave. Ask for Eileen.

12-Earning Opp

WANTED Candlelovers interested in start own business. 846-2975

25 - Child Car

LICENSED DAY CARE Full & part time. D activities. Small group. References. 849-6749.

40-Lost & Fc

LOST: KEYS (3), with Stop & Shop, Shaws, CVS & Petco cards. Call days 849-3300 ext 221 or eves. 625-5723

175-Lawn & Gc

LAWNMOWER: Locke brand, 70" reel-type runs & cuts. \$550/best 847-6758.

520 - Miscell for Sale

LEATHER COAT Women's plus size, A-1 swing coat, size 28/30 great cond. \$100 847-5359.

SKATE Board 1/4 pipe 4' high. Full copy \$300. 952-4751.

530 - Househol

ANTIQU CHAISE, needs upholstery \$100. 846-9522.

ANTIQU SOFA & wing back chair w/carved wood accents, camel color. \$600. 846-9522.

ANTIQU SOFA w/carved wood accents, wing back chair, tufted h back pub chair. \$600 846-9522.

CONTEMPORARY sleeper sofa, loveseat, ottoman & chair, table \$625. 683-9606.

ENTERTAINMENT Center, black, fits TV & stereo, carpet, tables, fee table, desk w/mirror & shelf. 423-2737.

FRANKLIN STOVE woodburning. \$150. 846-9522.

LIVING RM. SET. Couch, sofa, futon, coffee table, end table, 2 lamps, area rugs. Retail \$2,100. \$799/best. Call 662-701



MATRESS SET, queen Simmons, firm, w/frame 1-yr. old. Cost \$1,400 asking \$600, \$700 w/headboard. 683-6237.

ROWE COUCH, 84 in., muted print, excellent cond. \$300. 846-2583.

SOFA, LOVESEAT & chair, only 4 yrs. \$300. 847-8495, 401-439-8099.

530 - Househol



SOLID Duncan Phyfe mahogany dining room table, w/1 armchair & chairs. Excellent condition. \$750/best. 423-2838.

550 - Wearing

WOMEN'S PLUS SIZE leather A-line swing coat, size 28/30, great cond. \$100. 847-5359.

670-Business Op

5 BDRM. B&B in Newport, priced to sell \$695,000. Extensively renovated. Excellent come, low operating expenses, all inventory/furnishings stay. brokers. Bev 849-7431.

COFFEE SHOP: Thames St., Newport. Owner occupied. \$135,000. Lally Realty, 401-486-804

INVESTING? Promises of big profit means big risk! Call AG-Consumer Protection at 800-852-7776, the Federal Trade Commission at (877)-FTC-ELP for free information Or visit our Web site www.ftc.gov/bizop.

695-Houses to

MIDDLETOWN, sunny, clean & quiet, incl. utilities., cable, high speed internet, maid service washer/dryer. \$675/mo 401-741-7487.

VICTORIAN accessORIZED, everything included. Call 965-321

700 - Rooms f

\$125/WK. RENTS LGE. Furn. rm. Kitchen privileges, centrally located walking distance to everything. 846-0825.

710 - Unfurn.

1 BDRM., downtown Newport. Spacious. \$745 a mo. incl. heat. 846-2656.

2 & 3 BDRMS., high ceilings, wide pine floors, steps from Bellevue \$1100+/mo. 862-0228.

2 BDRM. & 4 bdrm., 2 bath, hardwoods, washer/dryer, dishwasher, yard, private deck HEAT INCL. \$1200/ \$1900. 423-3073.

2 BDRM. 2nd fl., off parking, washer/dryer, dishwasher. Newport, \$1,000+. 849-9369.

BELLEVUE/MEMORIAL BLVD. Residential. Long term. 3 bdrm. \$1200 per mo. Rent rebate avail. 846-3724.

BRIGHT 3 bdrm., deck, laundry, parking, garage, yard. \$1800 Edith, Re/Max 848-6750

PORTSMOUTH, Victorian. 1 bdrm., country setting. Cozy, third floor. \$675 682-1144.

710 - Unfurn.

PORTSMOUTH/ MIDDLETOWN/NEWPORT rentals avail. immediately. \$900-\$2200. 2 & 3 bdrm. homes/condos - some pets ok. Please call Allison @ Century 21 Trend Realty: 401-641-4374.

VICTORIAN 1 bdrm., new hardwood floors, new paint, 1st. floor washer/dryer, parking, yard. \$850+. Osborn Realty 849-4150.

720- Furnished

1 BDRM. in the heart of Historic Hill. \$700 all. 849-0724, 338-177

2 BDRM., new 1 bath, hookups, patio. Walk to all. 950+. 253-9501.

5TH WARD 2 bdrm., hardwoods, parking. \$900+. Edith Cushing, Remax 848-6750.

725 - Condos

1 & 2 BDRM.: Lge. furnished, sunny, very nice. Historic intown. Short/long parking, 845-0041.

730 - Houses

COZY 2 BDRM. HOUSE. Middletown. Close to Navy Base. \$1,350. Call Sharon at ReMax 848-6768.

KAY/CATHERINE AREA 2 bdrm. Colonial house 2 fireplaces, wideboard flrs. 1-1/2 bath, off parking. \$1,250+/mo. 846-0825.

LAWRENCE FARM 4 bdrm. Colonial, Elmhurst School. Portsmouth. 2 car garage. 11/15. Pets ok. \$2250+ April 508-496-3587.

MIDDLETOWN. Across from First Beach, bdrms., master bdrm. w/bath, washer/dryer dish. All new, clean \$1650 +. 480-1767.

PORTSMOUTH 3 bdrm. raised ranch, 2 car garage, 1.5 bath. \$1700 Ocean Side Realty 849 5599, eves. 846-2206.

PORTSMOUTH, Elmhurst School district. 2 bdr garage, lge. yard maintained by owner. No pets. \$1,380+. 683-0060

PORTSMOUTH. 3 bdrm. cottage. Full basement garage, nice yard. Convenient location. \$1300 Trish, 864-1509.

PORTSMOUTH: Elmhurst School, 3 bdrm., 1.5 baths, \$1700+. 682-1500

PORTSMOUTH: new home, 4 bdrm., 3 baths 2 stall heated garage Living, family rms., nice, lge. kitchen & dining rms. washer/dryer rm. off kitchen, 2 deck oil heat, lge. yard maintained by owner \$2,000+. Avail 11/401-623-1507, 683-1968

PORTSMOUTH: Water-view, 3 bdrm. cottage w-w carpet, new appliances, hookups, fenced in yard, off st. par No pets. \$1,250+. 683-1804.

730 - Houses

TIVERTON. Renovated 3 bdrm. New bath, appliances, kitchen. Open floor plan, finished basement. Waterview. Lge. corner lot. Pets 11/1. \$1400 mo., or buy for \$299,000. 662-2515

741 - Winter

2 BDRM. HOME for rent on a 1 acre lot, full waterview, \$700+ until Nov. 1st '04 - Memorial Day '05. Evenings 849 5826 or Work 682-1555.

2 BDRM., CATHEDRAL ceilings, 1 block from Viking, off st. parking \$685+. 846-0825.

760-Retail/Off

RETAIL Space for lease. Approx. 800 sq. ft. 1 per Thames St. 835-2668.

870 - Houses



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All real estate advertising in this newspaper subject to the Federal Fair Housing Act of 1968, as amended, which makes it illegal to advertise "any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin or an intention, to make any such preference a condition, basis, or condition of sale, or to discriminate." This newspaper will knowingly accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination, call HUD Toll free at 1-800-669-9777. The Toll-free number for the hearing impaired is 1-800-927-9275. In Rhode Island contact:

R.I. Human Rights Commission - 1-277-2661

Dept. of Housing & Urban Development - 528-5351

0900 - Mobile

WON'T LAST. 3 bedrooms, excellent condition. Call Flynn Real Estate 849-1774 or 662-9013.

905 - Trucks &

CHEVY S-10 PICKUP 1993. 2.5L I-4 engine 5-spd., Hwy: 27.0 mpg 98,949 mi., 6-ft. 1 with liner & roll over \$1,800. (401) 841-5377

MAZDA B2000 PICKUP: 90, runs well, incl. spare parts. \$1,000/best 842-0503.

914 - Antiqu



DAIMLER Sovereign '65. Solid car, needs restoration, stored 17 years right hand dr. Have parts. \$1500. 323-9475

915 - Autos f

AUDI 90 1995. All wheel drive, 5 spd., 60,000 miles. Silver. \$4500. 849-115

BMW 323i '99, excellent cond., loaded, warrant black/black, CD. 51,000 mi. \$18,000. 619-1627.

CHEVY BLAZER LT '94, 4x4, 96,000 mi., full loaded, new tires/shocks. \$4400/best. 619-073

CHEVY VAN '90, 3/4 ton van. \$1000/best 683-2630.

DODGE DAKOTA '99, 5.9 R/T, black, 39,500 mi., perfect condition \$10,500/best. 423-0365

DODGE NEON '95: Runs good. 128,000 miles \$1,200/best. 662-5843

FORD Windstar '99: Cd, auto, power windows, power locks, new inspection, runs great \$4200. 847-1761.



GEO PRIZM 1995. Just inspected, oil changed every 3,000 mi., good tires, runs well, 100 miles. \$1,995/best. Call 683-9355 or 369-0224.

JEEP WRANGLER SAHARA 1989. 6 cyl. great cond. Incl. hard top, Sunrider soft-tinted windows, cd player, running boards, tie hook, much more. \$4700. Call 683-7547.

MERC. COUGAR: 88, excellent cond. New inspected, everything new. \$1,000. 847-7650



MERCEDES 300TE '90, 4 matic wagon, auto every feature, sunroof, 3rd. seat, garage leather, just inspected \$4,900. 617-6790.

MERCURY GRAND MARQUIS '85, \$1000/-best. 846-2630.

NISSAN SENTRA '97, GXE, 4 dr., power windows & locks, tilt, tires, 93,000 hwy. miles. owners, well maintained service records, immaculate. \$4500. 401 847-8238, 401-662-6045

OLDS 88 DELTA Royale '95, all options, 100 drives excellent, garage. \$3250. 849-2967.

PLY. GRAND CARAVAN '92, great cond. \$1500. 207-1918.

SATURN SC1 '97, 60,000 mi., 5 spd. Interior very good, exterior minor panel scratches. Lots of life left. \$3,000. 846-3448 days 3, eves. after 8:30.

TOYOTA Corolla '91: \$200. 849-2672.

VOLVO V70 2.4 '01, 31,000, leather, sunroof many options, great cond. \$22,900. 849-6730

Adm. Gravely dies at age 82

WASHINGTON (NNS) — Retired Vice Adm. Samuel L. Gravely Jr., whose distinguished naval career spanned from 1942 to 1980, died Oct. 22 at the National Naval Medical Center. He was 82.

Chief of Naval Operations Adm. Vern Clark said, "Adm. Sam Gravely excelled in his life of service to the nation, commanding warships at sea during the Vietnam War and rising to lead the entire 3rd

Navy-wide news

Fleet. His leadership inspired a generation of Americans to make the most of every opportunity. All in our Navy are grateful for his service."

After graduating from Virginia Union University during World War II, Gravely enlisted in the Naval Reserve in



Adm. Gravely

1942. Upon completion of the midshipman school at Columbia University, he was commissioned as an ensign in the Naval Reserve in December of 1944 and went on to become the first African-American to be selected to the rank of commander, captain, rear admiral and vice admiral in the Navy.

Gravely lived by a philosophy that shaped his entire life saying, "Success in life is the result of several factors. My formula is simply education plus motivation plus perseverance."

Gravely is survived by his wife, Alma; his daughter, Tracey; his son, David; and David's wife, Beverly Clark-Gravely.

DoD provides online ballot

WASHINGTON (NNS) — The Federal Voting Assistance Program (FVAP) has made available an official Online Federal Write-In Absentee Ballot (OFWAB)..

The OFWAB, like the paper version, has been prescribed by FVAP to serve as an emergency ballot for those over-

seas citizens covered by the Uniformed and Overseas Absentee Voting Act (UOCAVA) who do not receive their requested state absentee ballot. The OFWAB is an alternative to the multipart paper version.

Generally, a citizen can only use the FWAB under three, very specific conditions. To be eligible for this ballot, the U.S. citizen must:

- Be located outside the United States (including APO/FPO addresses);
- Have applied for a regular ballot early enough so that the request is received by the appropriate local election official at least 30 days before the election; and
- Not have received the requested regular absentee ballot from the state.

The FWAB is used to vote for federal offices, president/vice president, U.S. senator, U.S. representative, delegate or resident commissioner to the Congress) in general elections.

Some states now allow military and overseas citizens to use the FWAB in elections other than general elections or for offices other than federal offices. The citizen should consult Chapter 3 of the 2004-05 Voting Assistance Guide for specific state or territorial requirements.

The citizen may electronically fill in the form before it is printed, or print it and manually fill in the form. In either case, the citizen's manual signature and date are required. Specific instructions to be followed when submitting the OFWAB may be found at www.fvap.gov/pubs/online-fwab.html

Paul H. Nitze, ex-SECNAV, dies

WASHINGTON (NNS) — Paul H. Nitze, whose distinguished government career included serving as Secretary of the Navy from 1963 to 1967, died Oct. 20 at his home in Washington, D.C..

"The thoughts and prayers of the men and women of the Navy and Marine Corps team go out to the Nitze family at this time of loss," Secretary of the Navy Gordon R. England said. "Paul Nitze's life was one of service to America and the cause of freedom. He was one of America's greatest public servants, and a patriot who played many important roles

in our nation's history and the cause of world peace."

During his time as the Navy secretary, Nitze raised the level of attention given to quality of service issues. His

many achievements included establishing the first Personnel Policy Board and retention task force (the Alford Board), and obtaining targeted personnel bonuses. He length-

ened commanding officer tours and raised command responsibility pay.

Nitze became a strong advocate for advanced education opportunities.

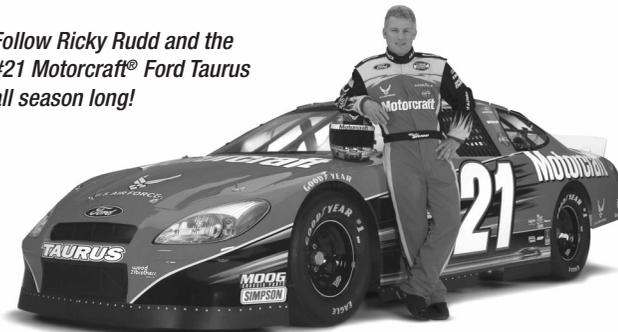
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